



We Are A Passionate Community
Creating Awareness

With All Willing to Explore

Monday, January 8, 2018

Meet the Practitioners!

at the Lovely Alma Diem Business Community

Note the Location Change! (same 6:30 PM time)

222 S Peters Rd, Knoxville

(Alma Diem is the blue building with landscape mural on the left side of Peters Road about 300' south of Kingston Pike)

CHEO is going on its first field trip! Come share the evening with CHEO member practitioners/businesses at beautiful Alma Diem.

- **Meet** our CHEO Practitioner/Business members
- **Learn** about their **Well-Being Modalities**
- Get an in-depth **tour of Well-Being practices** that interest you

An educational field trip takes us away from our usual surroundings and allows us to experience the environment "in the field". Take advantage of this opportunity to explore possible roads on your healing journey that you might not have considered before. Who knows what you might discover?

Here are some of the practitioners you will meet and what they will be offering:

Angela Clark

Owner and founder of InSpirit Salt Spa
Allergy Relief Mini-Salt Spa Session

Carrie Wagner

Therapeutic Reflexologist & Thermographer
Pain Relief PEMF Therapy Mini Sessions

Camille Watson

Holistic Health Coach and Nutritionist
Bask in the Healing Light of an Infrared Sauna Session for detox and immune system & metabolism stimulation

Sue Wickstrom

Neal's Yard Remedies Consultant & Team Leader
Natural Organic Well-Being for Health & Beauty

Charles West

Massage Therapist & Touch for Health Consultant
Acupressure, Microcurrent Point Stimulation, Kinesiology, & Structural Alignment

We will be back at South College for our February program. The date, topic and presenter will be announced soon.

Programs at Rarity Bay

Meet and Greet at 6:30, Program at 7 pm

Community Center, 150 Rarity Bay Parkway, Vonore, TN

Take TN-72 east from I-75 for 13 miles or west from TN-411 for 2.7 miles. Turn on Rarity Bay Parkway, Community Center is 2nd bldg on right. Park in adjacent or upper lot.

Wednesday, January 24, 2018

Meet the Practitioners: Experience the Fun

Presenters: Various CHEO Practitioners

Here's your chance to get acquainted with some of our CHEO Practitioner Members. Some Benefits to You will include:

- Brief overviews of **what each practitioner shares**
- **Opportunities to visit, observe and experience** a variety of well-being offerings
- Practitioners offering **mini sessions** demonstrating their modalities
- A chance to **sample some wonderful products**
- Informational Handouts
- A Wide Variety of **Free samples and Phenomenal Door Prizes** donated by our practitioners.

Here's your chance to get acquainted with some of our CHEO Practitioner or Business Members. More will be added soon. Some **Benefits to You** will include:

Heel Scans and Osteogenic Loading for increase in bone and muscle density

Dee Matchett, Osteogenic Technician

Tai Chi Chuan, Tai Chi and Qi Gong

Steve Kerr, Certified Instructor, U.S.M.A.F.

Nutritional Testing

Dr. Kate Flynn, D.C.

Colon Hydrotherapy information/Muscle Testing

Paula Perkins, Colon Hydrotherapist

Akashic Records to assist with questions about you, your life & your life purpose.

Molly Miketo, InFullSight

Bilateral Weight Measurements

Ryan Teeter, D.C.

Whole Body Vibration Therapy Mini- Sessions, Nutrition Info & Samples & Gluten Testing

Diane Minch, B.S. Health and P.E./ Wellness Coach

Micro-Current Point Stimulation

Christal Tarpley, LMT

Lymphatic Drainage with the XP3 Device

Robin Porter, Certified Level 2 ALD

MyoSkeletal Alignment Technique and More

Paul Kelly, BS, LMT, CSCS, MAT

You will leave feeling refreshed and invigorated. And you may just find something perfect to add to your wellness plan for the new year. **An event not to be missed!**

Everyone is welcome! Members attend free of charge. There is a suggested minimum donation of \$10 for all guests.

Questions? dianeminch@hotmail.com or call 423-884-6031

Disclaimer: **CHEO** expressly disclaims all liability for any and all treatment, diagnosis, decisions or actions taken, or not taken, as a result of the information provided.

CHEO of the Greater Knoxville Area is a nonprofit 501(c)3 organization which helps people discover holistic and integrative options for wellness.

Complementary Health
Education Organization
www.CheoKnox.org

